



INLINE SPEED SKATING

PROGRAM - Track - Front Marítim				
Date	Time	Category	Description/ Distance	Round
THU 04 July	08:30 - 21:30		Official Training	
FRI 05 July	08:30 - 21:30		Official Training	
SAT 06 July	08:30 - 21:30		Official Training	
Date	Time	Category	Description/ Distance	Round
SUN 07 July	08:00 - 08:30		Free Track	
	08:45 - 09:45	Junior Women	200m Dual Time Trial	Qualifying
	09:45 - 10:15	Junior Men	200m Dual Time Trial	Qualifying
	10:15 - 11:00	Senior Women	200m Dual Time Trial	Qualifying
	11:00 - 11:30	Senior Men	200m Dual Time Trial	Qualifying
	11:30 - 12:00	Junior Women	10.000m Points + Elimination	Qualifying
	12:00 - 12:45	Junior Men	10.000m Points + Elimination	Qualifying
	12:45 - 13:15	Senior Women	10.000m Elimination	Qualifying
	13:15 - 14:00	Senior Men	10.000m Elimination	Qualifying
	14:00 - 16:15		Break	
	16:00 - 16:45		Free Track	
	17:00 - 17:15	Junior Women	200m Dual Time Trial	Final
	17:15 - 17:45	Junior Men	200m Dual Time Trial	Final
	17:45 - 18:00	Senior Women	200m Dual Time Trial	Final
	18:00 - 18:30	Senior Men	200m Dual Time Trial	Final
	18:30 - 19:00	Junior Women	10.000m Points + Elimination	Final
	19:00 - 19:30	Junior Men	10.000m Points + Elimination	Final
	19:30 - 20:00	Senior Women	10.000m Elimination	Final
	20:00 - 20:30	Senior Men	10.000m Elimination	Final
	20:30 - 20:45	Junior Women and Men	Award Ceremony: 10.000m Points/Elimination - 200m Dual Time Trial	
20:45 - 21:00	Senior Women and Men	Award Ceremony: 10.000m Elimination - 200m Dual Time Trial		

PROGRAM - Track - Front Marítim

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Date	Time	Category	Description/ Distance	Round	
MON 08 July	08:15 - 08:45		Free Track		
	09:00 - 09:30	Junior Women	500m +D Sprint	Series	
	09:30 - 10:00	Junior Men	500m +D Sprint	Series	
	10:00 - 10:30	Senior Women	1.000m Sprint	Quarter Final	
	10:30 - 11:00	Senior Men	1.000m Sprint	Quarter Final	
	11:00 - 11:15	Junior Women	500m +D Sprint	Quarter Final	
	11:15 - 11:30	Junior Men	500m +D Sprint	Quarter Final	
	11:30 - 12:00	Junior Women	10.000m + Elimination	Qualifying	
	12:00 - 12:30	Junior Men	10.000m + Elimination	Qualifying	
	12:30 - 13:00	Senior Women	10.000m Points + Elimination	Qualifying	
	13:00 - 13:30	Senior Men	10.000m Points + Elimination	Qualifying	
	13:30 - 16:15			Break	
	16:15 - 16:45			Free Track	
	17:00 - 17:15	Junior Women	500m +D Sprint	Semifinal	
	17:15 - 17:30	Junior Men	500m +D Sprint	Semifinal	
	17:30 - 17:45	Senior Women	1.000m Sprint	Semifinal	
	17:45 - 18:00	Senior Men	1.000m Sprint	Semifinal	
	18:00 - 18:30	Junior Women	10.000m Elimination	Final	
	18:30 - 19:00	Junior Men	10.000m Elimination	Final	
	19:00 - 19:30	Senior Women	10.000m Points + Elimination	Final	
	19:30 - 20:00	Senior Men	10.000m Points + Elimination	Final	
	20:00 - 20:15	Junior Women and Men	500m +D Sprint	Final	
	20:15 - 20:30	Senior Women and Men	1.000m Sprint	Final	
	20:30 - 20:45		Junior Women and Men	Award Ceremony: 10.000m Elimination	
				Award Ceremony: 500m+ D Sprint	
	20:45 - 21:00		Senior Women and Men	Award Ceremony: 10.000m Points/Elimination	
				Award Ceremony: 1.000m Sprint	

PROGRAM - Track - Front Marítim

Date	Time	Category	Description/ Distance	Round
TUE 09 July	08:15 - 08:45		Free Track	
	09:00 - 09:30	Senior Women	500m +D Sprint	Series
	09:30 - 10:00	Senior Men	500m +D Sprint	Series
	10:00 - 10:30	Junior Women	1.000m Sprint	Quarter Final
	10:30 - 11:00	Junior Men	1.000m Sprint	Quarter Final
	11:00 - 11:15	Senior Women	500m +D Sprint	Quarter Final
	11:15 - 11:30	Senior Men	500m +D Sprint	Quarter Final
	11:30 - 12:00	Junior Women	3.000m Relays	Qualifying
	12:30 - 13:00	Junior Men	3.000m Relays	Qualifying
	13:00 - 13:30	Senior Women	3.000m Relays	Qualifying
	13:30 - 14:00	Senior Men	3.000m Relays	Qualifying
	14:00 - 16:15		Break	
	16:15 - 16:45		Free Track	
	17:00 - 17:15	Senior Women and Men	500m +D Sprint	Semifinal
	17:15 - 17:30	Junior Women and Men	1.000m Sprint	Semifinal
	17:45 - 18:00	Senior Women and Men	500m +D Sprint	Final
	18:00 - 18:15	Junior Women and Men	1.000m Sprint	Final
	18:15 - 18:30	Senior Women and Men	Award Ceremony: 500m +D Sprint	
	18:30 - 18:45	Junior Women and Men	Award Ceremony: 1.000m Sprint	
	19:15 - 19:30	Junior Women	3.000m Relays	Final
	19:30 - 20:00	Junior Men	3.000m Relays	Final
	20:00 - 20:15	Senior Women	3.000m Relays	Final
	20:15 - 20:30	Senior Men	3.000m Relays	Final
	20:30 - 20:45	Junior Women and Men	Award Ceremony: 3.000m Relays	
	20:45 - 21:00	Senior Women and Men	Award Ceremony: 3.000 m Relays	
	21:00 - 21:15		Track Closed	

PROGRAM - Road - Front Marítim				
Date	Time	Category	Description/ Distance	Round
WED 10 July	08:30 - 21:30		Official Training	
Date	Time	Category	Description/ Distance	Round
THU 11 July	08:15 - 08:45		Free Road	
	09:00 - 09:30	Senior Women	1 Lap Sprint	Series
	09:30 - 10:00	Senior Men	1 Lap Sprint	Series
	10:00 - 10:15	Senior Women	1 Lap Sprint	Quarter Final
	10:15 - 10:30	Senior Men	1 Lap Sprint	Quarter Final
	10:30 - 11:30	Junior Women	15.000m Elimination	Qualifying
	11:30 - 12:30	Junior Men	15.000m Elimination	Qualifying
	12:30 - 13:15	Senior Women	10.000m Points	Qualifying
	13:15 - 14:00	Senior Men	10.000m Points	Qualifying
	14:00 - 16:15		Break	
	16:15 - 16:45		Free Road	
	17:00 - 17:15	Senior Women	1 Lap Sprint	Semi Final
	17:15 - 17:30	Senior Men	1 Lap Sprint	Semi Final
	17:30 - 18:15	Junior Women	15.000m Elimination	Final
	18:15 - 19:00	Junior Men	15.000m Elimination	Final
	19:00 - 19:30	Senior Women	10.000m Points	Final
	19:30 - 20:00	Senior Men	10.000m Points	Final
	20:00 - 20:15	Senior Women and Men	1 Lap Sprint	Final
	20:15 - 20:30	Junior Women and Men	Award Ceremony: 15.000m Elimination	
	20:30 - 20:45	Senior Women and Men	Award Ceremony: 10.000m Points	
Award Ceremony: 1 Lap Sprint				

PROGRAM - Road - Front Marítim / Passeig de Gràcia

PROGRAM - Road - Front Marítim / Passeig de Gràcia				
Date	Time	Category	Description/ Distance	Round
FRI 12 July	08:15 - 08:45		Free Road	
	09:00 - 09:30	Junior Women	1 Lap Sprint	Series
	09:30 - 10:00	Junior Men	1 Lap Sprint	Series
	10:00 - 10:15	Junior Women	1 Lap Sprint	Quarter Final
	10:15 - 10:30	Junior Men	1 Lap Sprint	Quarter Final
	10:30 - 11:15	Junior Women	10.000m Points	Qualifying
	11:15 - 12:00	Junior Men	10.000m Points	Qualifying
	12:00 - 13:00	Senior Women	15.000m Elimination	Qualifying
	13:00 - 14:00	Senior Men	15.000m Elimination	Qualifying
	14:00 - 15:45		Break	
	15:45 - 16:15		Free Road	
	16:30 - 16:45	Junior Women	1 Lap Sprint	Semifinal
	16:45 - 17:00	Junior Men	1 Lap Sprint	Semifinal
	17:00 - 17:15		PAUSE	
	17:15 - 17:45	Junior Women	10.000m Points	Final
	17:45 - 18:15	Junior Men	10.000m Points	Final
	18:15 - 19:00	Senior Women	15.000m Elimination	Final
	19:00 - 19:45	Senior Men	15.000m Elimination	Final
	19:45 - 20:00	Junior Women and Men	1 Lap Sprint	Final
	20:00 - 20:15	Junior Women and Men	Award Ceremony: 10.000m Points	
Award Ceremony: 1 Lap Sprint				
20:15 - 20:30	Senior Women and Men	Award Ceremony: 15.000m Elimination		
Date	Time	Category	Description/ Distance	Round
SAT 13 July	16:45 - 17:15		Free Road	
	17:15 - 17:30		Pause	
	17:30 - 17:45	Junior Women	100m Sprint	Qualifying
	17:45 - 18:00	Junior Men	100m Sprint	Qualifying
	18:00 - 18:15	Senior Women	100m Sprint	Qualifying
	18:15 - 18:30	Senior Men	100m Sprint	Qualifying
	18:30 - 18:45	Junior Women	100m Sprint	Semifinal
	18:45 - 19:00	Junior Men	100m Sprint	Semifinal
	19:00 - 19:15	Senior Women	100m Sprint	Semifinal
	19:15 - 19:30	Senior Men	100m Sprint	Semifinal
	19:30 - 20:00		Pause	
	20:00 - 20:15	Junior Women and Men	100m Sprint	Final
	20:15 - 20:30	Senior Women and Men	100m Sprint	Final
	20:30 - 20:45	Junior Women and Men	Award Ceremony: 100m Sprint	
	20:45 - 21:00	Senior Women and Men	Award Ceremony: 100m Sprint	

PROGRAM - Marathon - Diagonal / Passeig de Gràcia

Date	Time	Category	Description/ Distance	Round
SUN 14 July	08:00	Senior Women (Open + Master)	42.195m Marathon	Final
	10:00	Senior Men (Open + Master)	42.195m Marathon	Final
	12:00	Senior and Master Women and Men	Award Ceremony: Marathon races	